





RE-START – Reinforcing the circular economy model for START-ups

Project ID 2021-1-CY01-KA220-HED-000032155

Primary Research Consolidated

Prepared by UBI's research team





























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The Primary Research

Partners organized the analysis and results of the primary research to create a comprehensive overview of the integration of circular economy in business at national and EU level that will include an outline of the key components of efficient circular business models. Data gathered from the focus group assessed stakeholders' current knowledge and map their competences compared to the circular economy model proposed by Ellen MacArthur Foundation¹. This analysis will support partners regarding the decision of the contents of the OERs.

Objectives

The primary research consisted of focus group research to explore the perspective of the stakeholders on circular business. The participants' interaction during the focus groups encouraged them to make associations between various concepts through the dialogs that could occur during the focus group session.

Target participants

The focus group included the following experts in circular business: academics, trainers, startuper, policymaker, and consultants.

Focus group meetings

 Country/Partner
 Main Information

 Cyprus |
 Date: 13th of October 2022.

 GrantXpert
 Duration: 1 hour.

 Place: Hybrid.

¹ For more information: https://ellenmacarthurfoundation.org/topics/circular-economy-introduction/overview



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Greece	Date: 5 th of October 2022.
Innovation Hive	Duration: approximately 2 hours (from 11 am to 13 pm).
	Place: Hybrid.
Greece HOU	Date: 5th September, on o 20th December and on 22nd
	December
	Duration: 4 hours 15 minutes
	Place: Online.
Poland	Date: 3 rd of October 2022.
Danmar	Duration: 2 hours (from 10 am to 12 pm).
	Place: Online.
Portugal	Date: 13 th of September 2022.
UBI	Duration: 2h30 hours (from 9 am to 11:30 am).
	Place: Online.
Spain Fundeun	Date: 2 nd of September 2022.
	Duration: approximately 2 hours (from 9 am to 11:25 am).
	Place: In person.

Analysis of the Results

Below we present the compilation of answers and insights for each question:

What are the challenges and how to overcome creating a circular business in your country?

Country/Partner	Answers
	Circular economy is in an embryotic stage in Cyprus in terms of
	both education and business development and needs to be
	supported by initiatives and projects like RE-START.
	High operational cost, and communication between businesses,
Cyprus	were cited as the major challenges. In terms of solutions, they
GrantXpert	mentioned that effective networking can bring together
	businesses which will connect and share their ideas and
	knowledge in implementing a circular economy model for a
	stronger "business ecosystem". Moreover, to overcome these
	challenges, they suggested relevant conferences, initiatives and

















	projects like RE-START to support and enhance businesses'
	communication.
	The main challenges are: capital/funding, the business idea,
	social stigma, the creation of a proper entrepreneur's profile,
	the management of the employees/associates, expenses and
Greece	income, and debt. Moreover, the lack of institutional framework,
Innovation Hive	the need for a personal accountant, consulting from Chambers,
iiiiovalion nive	the lack of horizontal skills, and the difficulty of depicting the
	business idea and forming it.
	The solution could be: Education regarding entrepreneurship
	fundamentals and proper career counseling.
	The main challenges are: the need for an appropriate and
	stable legislative framework, a stable institutional environment
	including the tax framework and the need for appropriate
Greece HOU	financing, primarily for start-ups. A lack of culture regarding
	circularity, both among businesses and consumers. A lack of
	appropriate education and training on offer. Need for change
	in business mentality and mindset.
	The participants mentioned the following challenges: (i)
	Entrepreneurial knowledge gap, lack of appropriate training
	and online tools to increase circular business knowledge, (ii)
Poland Danmar	problem in creating an appropriate business plan, (iii) insufficient
	entrepreneurial competence, and (iv) little awareness of the
	circular economy.
	No solution to overcome was present in the report.
	The main challenges pointed were: Funding, the absence of
	machinery, communication, legislation and taxes, the
Portugal UBI	awareness about using waste, licensing (costs and slowness) for
	using the "waste", by-products, and raw materials, the lack of
	tangible incentives.
	In turn, the solutions mentioned were: (i) development of
	scientific and technological means; (ii) the integration of sectors
	with industrial co-utilization (passing waste from one sector to
	another; an integrated combination of waste management);
	(iii) investment in education and training of people; (iv) greater
L	

















concentration of efforts at regional level for circular economy and entrepreneurship, combining waste in a regional center for circular economy; (v) patents, and creation of a productive and circular system of knowledge sharing; (vi) greater cooperation between entities/sectors to foster the development of the circular economy; and (vii) the circular economy must be beneficial to people so that they can live better and protect the environment and ecosystems by increasing resilience at an affordable price. Moreover, investment funds should be used to finance the transition to a circular economy, with companies getting tax breaks and inferring how the funds will be spent in the circular economy. Furthermore, the development of circular citizenship, platforms with information for consumers about household waste, a more aggressive tax regime for companies that do not adopt the circular economy logic, and incentives for the circular supply chain.

The participants discussed about several types of challenges, namely:

Cultural: Unwillingness to engage within the Circular Economy, Limited willingness to collaborate in the value chain, Skills gap for the job, Circular Economy is not just "recycling".

Regulatory: Lack of public policies to facilitate the transition to CE, Lack of consensus to measure CE, Lack of a clear list or guidelines of regulations to be adopted.

Market: Lack of a profitable market for secondary MPs, Funding to promote circular business models.

Strategic: Lack of impact data to assess the shift from linear to circular model, Lack of definition of indicators linked to business models, Lack of translation of monitoring metrics to allow comparability between companies, Promote networking and interaction among different stakeholders.

What are the best ways of funding a circular business?

Country/Partner Answers



Spain | Fundeun













Greece HOU Greece Gree		All invitees agreed that a combination of all three pillars of
Greece HOU Gr		funding, national, European and investors, is the best way of
startups. The best way to fund a circular startup is to use various sources from both types of funding. Greece Enrollment in a program provided by institutions as PEP, OAED (center of unemployment), crowd funding, and alliances. National funding for new business ventures provided by national agencies such as DYPA, Regional Offices e.t.c It was however pointed out that no targeted funding for circular businesses exists, and circular businesses should present a certain level of innovation to stand out and being able to utilize funding opportunities for higher investments. Also, business angels, venture/seed capital and/or crowdfunding etc., mentioning, however, that in Greece they are in their embryonic stage. He also referred to own resources for funding where they exist coming basically from family environment and friends. A key role in public funding of startups in Poland is played by government agencies. In Poland there are different types of financing as follows: loans, investment funds, grants, investors, crowdfunding, leasing, factoring, franchising, business angels, venture capital. Information on how to set up a startup and source funding is widely available, and can be located on various websites, including those of the Ministry of Development (Ministerstwo Rozwiju) and the Ministry of Development Funds and Regional Policy (Ministerstwo Funduszy i Polityki Regionalnej), the Ministry of Family, Labour and Social Policy (Ministerstwo Rodziny, Pracy i Polityki Spotecznej) the Polish Agency for Enterprise Development	Cyprus	funding a circular business. Looking for various sources of funding
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Krajowego (The National Development Bank), Employment		Krajowego (The National Development Bank), Employment
Offices, Student Career Centres, business incubators, regional		Offices, Student Career Centres, business incubators, regional
and local entrepreneurship support centres, entrepreneurship		and local entrepreneurship support centres, entrepreneurship
foundations and associations.		foundations and associations.

















Portugal UBI	Applications in Portugal to PT2030, PRR, European Horizon – the
	EIC accelerator, and investment funds.
Spain Fundeun	Next Generation funds, and Strategic Project for Economic
	Recovery and Transformation (PERTE) on Circular Economy.

How to build a solid network of stakeholders to support a circular business?

Country/Partner	Answers
Cyprus GrantXpert	Joint efforts of various stakeholders including existing startups and policymakers through conferences and other initiatives, can help in building a solid network. Cyprus Chamber of Commerce and Industry can be the interface between all stakeholders related to circular economy in Cyprus. The Cyprus Chamber of Commerce and Industry is quite possible to offer national action plans as the Ministry of energy commerce and industry for circular businesses and this will also support networking. Also, trust issues should be addressed.
Greece Innovation Hive	Municipalities and Regional Chambers (public authorities have greater power and recognition by the society). Entrepreneurs should proceed with stakeholders' mapping, identification, classification, mostly at the local level. There is a difficulty in the maintenance of the stakeholders' interest, to find the right people and motivate them. Additionally, they should match the persons to the cause, and that capacity and trust should be developed between entrepreneurs and stakeholders. Moreover, they should reflect on the following questions: • Are the stakeholders enough? • Are they the same person again and again? • Should opportunities be given to more people, and not only to the same again and again, to gain more experience?

















Greece HOU	A bottom-up approach for the structuring of a solid network,
	starting from municipalities and local institutions acting as local
	enablers.
	Networking and building a solid network of stakeholders is very
Poland Danmar	difficult, as it is hard to keep them interested and motivated. A
Polana Danimai	gap in communication skills and trust-building between
	entrepreneurs and stakeholders was also noted.
Portugal UBI	All the participants agreed that networking is essential and that
ronogai obi	it should cover all companies and startups.
	It is described as a spontaneous rather than a structured
	process.
	Basic Needs: Transparency, trust, and professionalism.
	That all members benefit substantially from belonging to the
	network at all levels (economic, social, or legal).
	Active participation in forums on this subject.
Spain Fundeun	Diversity of sectors, including public and private sector,
	technology institutes, science parks, startups, and consolidated
	companies with more experience in circular business.
	Technology sectors, EBT, and spin-offs.
	Preferably local character, commitment, institutional support,
	common interests within the supply chain.
	Common interests within the supply chain, prospects for
	profitability, strong business ecosystems

What are the competencies a startuper needs to create a circular business?

Country/Partner	Answers
Cyprus	Circular economy model knowledge; Business development
Cyprus GrantXpert	knowledge; Communication skills; Commercialization skills;
	Engineering skills for specific industries.
	Multitasking and multilevel thinking: horizontal skills, the
Greece	capability of tracking the right associates, HR management, the
Innovation Hive	ability of evaluation of resources management, economical,
	human, time.

















	Before developing any competence, passion is the first thing an
	entrepreneur should have. Other than that, soft skills like
Cross HOII	organizational skills and leadership are essential. Entrepreneurial
Greece HOU	and financial literacy is key for any business venture to succeed,
	but especially for circular businesses where strategy and design
	have an even more crucial role.
	Ability to build networks; Ability to build trust; Ability to present
Poland Danmar	your idea and to convince others that the idea is a good one;
	Entrepreneurial skills, including management of people and
	resources; Ability to assess risks; Soft skills.
Portugal UBI	Resilience and some background from academic research, as
	well as the concern with understanding current research on
	circular economy. Rhetorical competences. Ability to change
Spain Fundeun	Soft skills; Proactive personal strategic plan; Resilience; How to
	face up the failure; Lifelong learning attitude; Encourage
	collaborative learning; At least basic economic training.

What is your opinion about the following modules for a course about circular economy to future startupers?

- i. Introduction to circular economy
- ii. The regenerative business model
- iii. Funding opportunities for a circular business (startup)
- iv. Circularity and entrepreneurship
- v. Innovation and circular startups
- vi. Marketing & commercialisation of a circular startup
- vii. Green Collaborations

Country/Partner	Answers
Cyprus	All attendees agreed that the above modules are very
GrantXpert	important and added below thematic areas:

















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	Business Model Canvas
	Waste Management
	Technologies to convert raw materials
	Environmental Engineering
	Chemical Engineering
	Other modules related to specific industries. Tailored
	modules might give flexibility to startupers' learning.
Greece	To the participants these modules seem to be sufficient. One
Innovation Hive	participant pointed out focus on the circular bio-economy.
Greece HOU	All participants agreed that the proposed modules are sufficient
Greece nou	as an initiation to circular economy and entrepreneurship.
	Focus group participants stated that the topics we are
Poland Danmar	proposing for curriculum development are relevant and
Polana Danimai	needed in our labor market. They stated that it would be good
	to include practical tasks to test users' knowledge, if possible.
	The social impact of business could be introduced in the
Portugal UBI	modules contents, as well as the issue of female
	entrepreneurship and green finance and regulations.
	Include practical cases presenting good practices.
Spain Fundeun	Consider the Business Model Canvas including the social and
	environmental perspective.
	Include sector-specific issues.
	To analyze and disseminate new ways of working in the circular
	economy applied in pioneering national and international
	companies.
	Include visits to nearby technological institutes linked to the
	territory of the entrepreneurs themselves.
	Include legislation .

Which advice would you give to those who want to develop a circular business?

Country/Partner	Advice
Cyprus	The most critical aspect for a startuper of a circular business to
GrantXpert	succeed, is to actually convince its customers about the value

















	of the product throughout its life. Thus, a good knowledge of
	circular economy principles and advanced marketing and
	commercialization skills are the most critical areas for those who
	want to develop a circular business.
Greece	To give the highest importance to the team, since they will be
Innovation Hive	developing entrepreneurial ideas.
Greece HOU	To be passionate about what they do and see their venture as
	their opportunity to reshape the world in a more sustainable and
	caring way. Also, they should always look for effective
	partnerships and to think circular entrepreneurship as a system.
Poland Danmar	A word that was repeated many times with this question is
	'perseverance' and 'innovative thinking'. The most important
	thing is to be motivated and constantly strive for the goal. If we
	know that our idea has a chance of success, we must do
	everything to make it so.
Portugal UBI	Entrepreneurs have to believe in the project and build a
	network for their livelihood, daring or creative in approaches.
	Also, talking with consumers, talking with suppliers, peers, and
	other institutions because co-creation underlies business models
Spain Fundeun	Rethink eco-design; Analyzing the interaction of value chain
	processes; Use the right indicators; Information on applicable
	legislation should be included; No greenwashing; Do not
	idealize the entrepreneur's process as easy.

Partners' final considerations

Country/Partner	Answers
Cyprus GrantXpert	The lack of knowledge for the creation of a circular startup or
	the shift of an existing startup to a circular one indicates that
	more efforts should be made towards relevant education, in
	Cyprus. All invitees agreed that a tailored educational program
	for circular businesses per industry along with mentorship would
	benefit the potential startupers and equip them with all the
	necessary soft and hard skills they need to transform their idea

















	into a successful circular startup. Initiatives and projects like
	into a successful circular startup. Initiatives and projects like
	RE-Start will help to leverage this gap in the education system in
	Cyprus.
	The changes should start from the educational system, which
	should include entrepreneurial lessons, career counseling, and
	development of horizontal skills, which could be used not only
	for entrepreneurial development, but for the development of a
	mindset as well.
	Greece does not offer a vast variety of entrepreneurial
	opportunities but is eager to embrace circular and sustainable
Greece	initiatives. Also, funding opportunities are scarce, and most of
Innovation Hive	the people who want to be engaged in entrepreneurship and
	do not have the starting capital, but only the idea, are in debt
	even from the start.
	To summarize all the provided information, proper horizontal and
	life skills should be developed from very early, as well as
	specialized training in financial and risk management,
	opportunities hunting, stakeholders mapping, HR, and ways to
	keep the business viable.
	As far as the proposed curriculum is concerned, it is the right
Greece HOU	one, but it should include both bio-economics and the
	exploration of the possibility of internships, use of case studies or
	even study visits.
Poland Danmar	The topic we are focusing on is very important and the training
	content is much needed in our market, due to the knowledge
	gap between entrepreneurs and future entrepreneurs. All focus
	group participants declared to evaluate and use the tools that
	will be produced as part of the Re-start project.
	The proposed modules are on track to meet the needs of future
Portugal UBI	entrepreneurs, with minor adjustments, related with the inclusion
	of some topics (e.g., green finances).
	It has been highlighted the training needs in circular economy
Spain Fundeun	at all educational levels and from the point of view of its
	implementation in companies.
	<u> </u>

















Conclusion

Concerning the modules, the results of the focus groups implemented in every country indicate the need to address the Business Model Canvas including the social and environmental perspectives, female entrepreneurship, legislations and regulations, case studies, and practical tasks. In sum, the modules previously suggested fit well (with minimal adjustments) in the perception of the stakeholders consulted for the purpose of the primary research.











